

Turkey and cranberry sliders

Makes: 8

Time Preparation time 10 minutes Cooking time 20 minutes

Ingredients

- 500g low-fat minced turkey thigh meat
- 1 garlic clove, peeled and crushed
- 1 small egg, lightly beaten
- 60g breadcrumbs
- 2 teaspoons cranberry sauce
- 1 handful fresh parsley, chopped
- freshly ground black pepper

To serve

- 8 mini wholemeal burger buns, cut in half
- 1 handful salad leaves
- 2 tomatoes, each cut into 4 slices

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Method

- 1. Preheat the grill to moderate.
- 2. Mix the burger ingredients together, then divide the mixture into 8 balls, roughly 80g each, then flatten the balls into burger patties.



- 3. Grill under a moderate heat for 5–10 minutes on each side until golden brown and thoroughly cooked.
- 4. Set aside to rest and keep warm while you toast the burger buns.
- 5. Place each burger onto a bun, top with a slice of tomato and a few salad leaves, then secure with a cocktail stick and serve.

Tip

• Another serving option for this recipe is to leave out the cranberry sauce and top the sliders with our recipe for mango salsa.